



Milk, grain, fruit, vegetables,
meat or meat alternative

LUNCH

CACFP - Lunch
Embassy Row - LUNCH - CACFP
Other N/A



**Menu subject to change. For any feedback please
contact us directly at menu@luncherasdisi.com**

Monday

09/01/2025

NO SCHOOL TODAY

Tuesday

09/02/2025

Lime Chicken Black
Beans & Br. Rice
Lime Chicken Meatless w/
Bk. Bean & Br. Rice(V/VG)
Babies: Chicken Puree
w/ Vegetables puree
Apples
Choice of Milk

Wednesday

09/03/2025

WG Cheese Lasagna
Rollup w/Marinara (V)
Babies: Turkey Puree
w/carrots & peas puree
Fresh Watermelon
Choice of Milk

Thursday

09/04/2025

Chicken Mash Potato Bowl
w/Corn & Gravy
Veggie Mash Potato Bowl
w/Corn & Gravy
Babies: Turkey Puree
Infants: Mashed Potatoes
Fresh Oranges
Choice of Milk

Friday

09/05/2025

BYO Turkey Nachos
w/ Corn Tortilla Chips
BYO Meatless Nachos
Sweet Corn
Babies: Turkey Puree
w/carrots & peas puree
Bananas
Choice of Milk

09/08/2025

WG Spaghetti &
Turkey Meat Sauce
Spaghetti & Plant Based
Meat Sauce (V/VG)
Babies: Turkey Puree
w/carrots & peas puree
Fresh Pears
Choice of Milk

09/09/2025

Chicken Fried Rice w/
Carrot,Corn,Peas, G Beans
Veggie Fried Rice w/
Carrot,Corn,Peas, G Beans
Babies: Chicken Puree
w/Sweet Potato & Carrots
Fresh Watermelon
Choice of Milk

09/10/2025

WG Breaded Mozzarella St.
Marinara Sauce (ss)
Babies: Chicken Puree
w/ Vegetables puree
Apples
Choice of Milk

09/11/2025

One Pot Chicken Fajita
Pasta w/Rd. & Gr. Pepper
Chicken Meatless
Fajita WG Pasta(V/VG)
Babies: Turkey Puree
w/carrots & peas puree
Fresh Strawberries
Choice of Milk

09/12/2025

Cheese Lunch Pizza w/
Chicken & Beef Pepperoni
Cheese Lunch Pizza (V)
Steamed Broccoli
Babies: Broccoli Puree
Babies: Chicken Puree
Bananas
Choice of Milk

09/15/2025

Grilled Chicken
over Brown Rice
Grilled Chicken Meatless
over Brown Rice (V/VG)
Baked Plantains
Babies: Chicken Puree
w/Sweet Potato & Carrots
Fresh Honeydew
Choice of Milk

09/16/2025

WG Caprese Pasta (V)
Babies: Turkey Puree
w/carrots & peas puree
Fresh Oranges
Choice of Milk

09/17/2025

Chicken Teriyaki
Chicken Meatless
Teriyaki (V/VG)
Steamed Brown Rice
Steamed Broccoli
Babies: Broccoli Puree
Babies: Chicken Puree
Bananas
Choice of Milk

09/18/2025

Ground Turkey Fajitas
Veggie Fajitas (V/VG)
Babies: Turkey Puree
w/carrots & peas puree
Apples
Choice of Milk

09/19/2025

Butter Chicken
Butter Chicken Meatless-V
WG Roll
Roasted Potatoes
Babies: Potatoes puree
Babies: Chicken Puree
Fresh Tangerines
Choice of Milk

09/22/2025

Mini Turkey Burger
Mini Veggie Burger (V)
Roasted Sweet Potatoes
Babies: Sw. Potato puree
Babies: Turkey Puree
Ketchup (ss)
Fresh Tangerines
Choice of Milk

09/23/2025

Ground Turkey
Veggie Crumbles (V/VG)
Steamed Brown Rice
Baked Plantains
Babies: Turkey Puree
w/carrots & peas puree
Fresh Pears
Choice of Milk

09/24/2025

WG Cheese Pizza (V)
Steamed Carrots
Babies: Carrots Puree
Babies: Chicken Puree
Fresh Honeydew
Choice of Milk

09/25/2025

Baked Chicken WG Penne
Pasta w/ Zucchini
Baked Chicken Meatless
WG Pasta w/Zuch. (V/VG)
Babies: Chicken Puree
w/ Vegetables puree
Apples
Choice of Milk

09/26/2025

Breaded Chicken Nuggets
WG Biscuit
Veggie Nuggets w/WG Roll
Ketchup (ss)
Roasted Potatoes
Babies: Chicken Puree
w/Sweet Potato & Carrots
Fresh Tangerines
Choice of Milk

09/29/2025

Grilled Cheese Sandwich
Roasted Potatoes
Babies: Turkey Puree
w/carrots & peas puree
Fresh Pears
Choice of Milk

09/30/2025

BBQ Chicken WG Sider
BBQ Veggie Sider (V/VG)
Creamy Mashed
Sweet Potatoes
Babies: Chicken Puree
w/Sweet Potato & Carrots
Fresh Watermelon
Choice of Milk

10/01/2025

Lime Chicken Black
Beans & Br. Rice
Lime Chicken Meatless w/
Bk. Bean & Br. Rice(V/VG)
Babies: Chicken Puree
w/ Vegetables puree
Apples
Choice of Milk

10/02/2025

WG Cheese Lasagna
Rollup w/Marinara (V)
Babies: Chicken Puree
Spinach Puree
Fresh Pineapple
Choice of Milk

10/03/2025

BYO Turkey Nachos
w/ Corn Tortilla Chips
BYO Meatless Nachos
Sweet Corn
Babies: Turkey Puree
w/carrots & peas puree
Bananas
Choice of Milk

Must serve all five (5) components for reimbursable meal.

Ages 1-2: MILK: 4 oz unflavored whole milk for children age 1, MILK: 4 oz unflavored (low fat 1%, Fat Free – Skim) children age 2
FRUIT: 1/8 cup, 1/2 oz equivalent of Grains, 1 oz Meat/meat alternative, Vegetables 1/8 cup

Ages 3-5: MILK: 6 oz unflavored (low fat 1%, Fat Free – Skim), FRUIT: 1/4 cup, 1/2 oz equivalent of Grains, 1.5 oz Meat/meat alternative, Vegetables 1/4 cup

Fruits and vegetables will be served sliced, finely chopped, or puréed for babies.

Available Choice of Milk: Whole , Unflavored 1% or skim milk, Lactose Free or Soy (Upon request).

Special Meals: – Dairy-Free (DF), Vegan (VG), Vegetarian (V), and No-Egg options are available daily upon request.

We will substitute ingredients as needed to closely match the main meal while meeting the specified dietary needs.

WG = Whole Grain WW = Whole Wheat

Aug 26, 2025